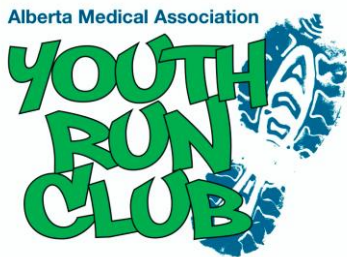


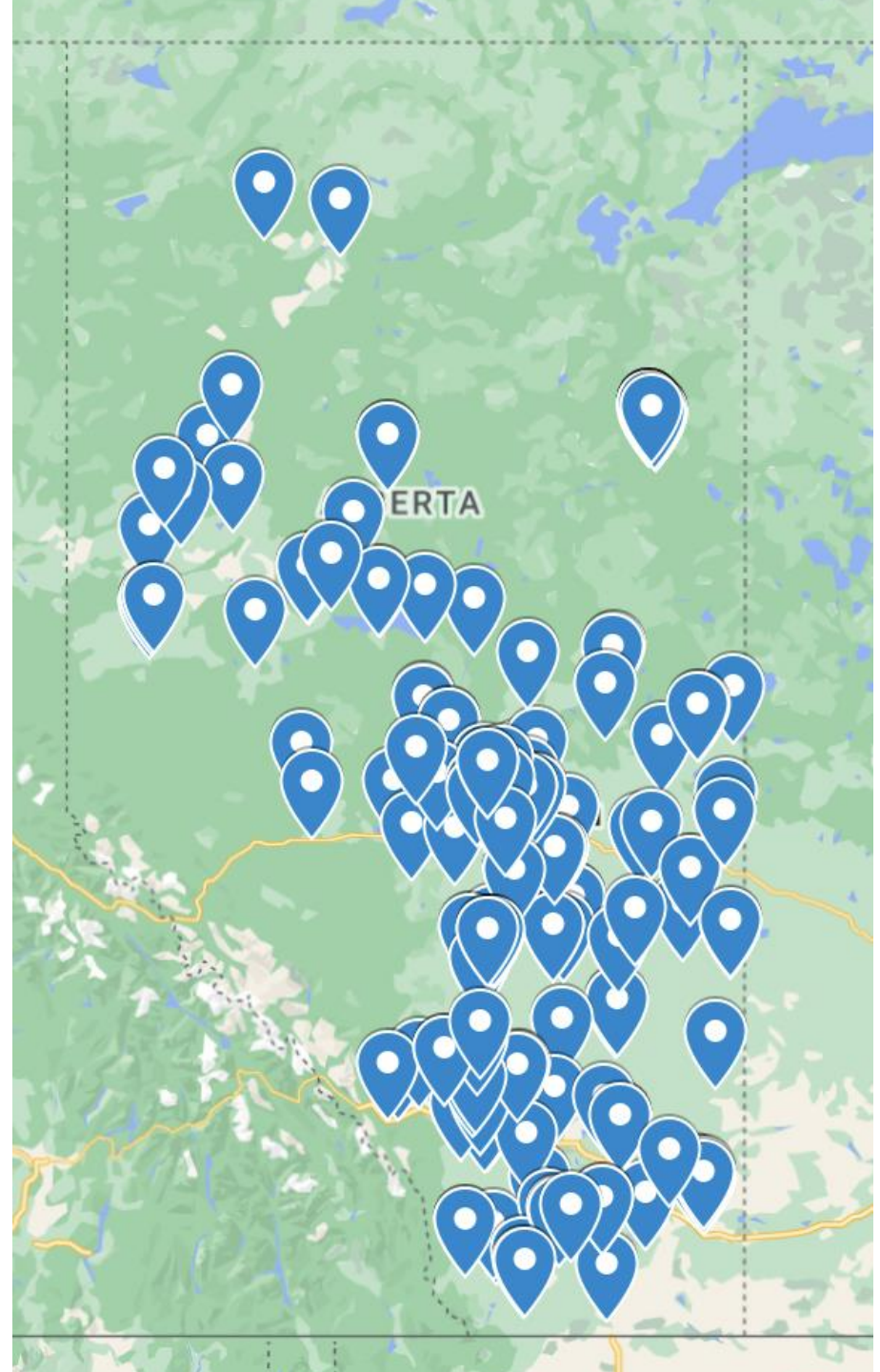
What is the AMA Youth Run Club?

- ❖ A fun, free and flexible program to increase physical activity for kids and youths
- ❖ Participants come together to be active in a way that is most comfortable to them, whether walking, running or rolling
- ❖ The YRC supports with coach resources, welcome gifts, participant finisher prizes, grant calls, and fun run support throughout the year!



AMA Youth Run Club 22/23 Schools

- ❖ 300 Schools
 - Over 22,000 participants!
 - 19 First Nation Schools
- ❖ 75 Fun Runs this year!
 - Over 16,500 participants!

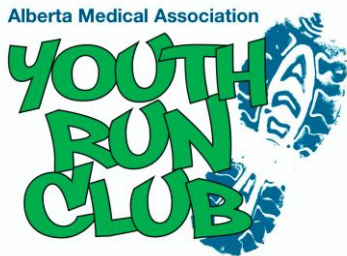


Alberta Medical Association



Mill Creek School Community Fun Run

Mill Creek School in Edmonton invited student, parents and community members to join them in an after school fun run. There were over 80 participants who ran and walked around the community. Leaders dressed up in fun costumes and the school provided draw prizes after for participants. It was a fun community filled event!



Enoch Community Fun Run

Enoch students participated in a community fun run on the ASAA Provincial Cross Country Championship Course



Belfast School Fun Run

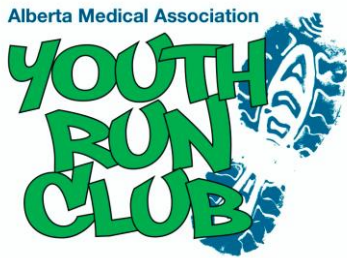
Due to the weather the fun run was moved into the gym, but the students had a blast!



Alberta Medical Association



Brentwood School Fun Run



Dr. Martha Cohen Annual Obstacle Fun Run



Alberta Medical Association



Kainai Track & Field Day



Alberta Medical Association

